**RESOURCES FOR YOUNG ADULT TRANSITION**

We hope this listing of resources helps student and parents have a better understanding of the young adult transition processes and materials there are available to them.

**Along the Way**

Young adult information developed by a team of Nebraska professionals through a Developmental Disabilities grant – [www.pti-nebraska.org](http://www.pti-nebraska.org) - Go to the Transition tab. There are three Along the Way resource guides with a lot of great information to help people navigate transition services and systems in Nebraska

**College**

<https://www.educationquest.org/> - Education Quest Foundation that serves Nebraska families - Under Publications, you will find: “College Planning for Students with Disabilities: A Supplement to the College Prep Handbook”

<https://www.pacer.org/transition/learning-center/postsecondary/> - PACER’s National Parent Center on Transition and Employment – Information on laws, disability disclosure, accommodations, campus life, and more

<https://www.iidc.indiana.edu/doc/resources/is-college-for-you.pdf> - Center on Community Living and Careers Indiana Institute on Disability and Community - Indiana University, Bloomington, IN - “Is College for You? Setting Goals and Taking Action” *;*[*Es la universidad para ti?*](https://www.iidc.indiana.edu/doc/resources/es-la-universidad-para-ti-2017final.pdf)*, the Spanish translation.*

**Career Exploration**

<https://www.education.ne.gov/nce/career-readiness-toolkit/> - Career Readiness Toolkit from the Nebraska Department of Education

<https://instrc.indiana.edu/training/cadre-cbi-2019/careerandtechnicaleducation.pdf> - Career and Technical Education

<https://instrc.indiana.edu/resource-collections/career-videos.html> - Short career exploration videos

<https://iidc.indiana.edu/cclc/employment/benefits-information/benefit-and-work-incentive-fact-sheets.html> – Work incentive fact sheet

<https://askjan.org/> - Job Accommodation Network. Information on workplace accommodations and disability employment issues

**Diplomas and Graduation: Policy Q & A**

<https://k12engagement.unl.edu/diplomas-and-graduation-policies> - This policy Q & A from the University of Nebraska-Lincoln addresses the topic of the legal requirements for diplomas and graduation. A downloadable/printable PDF of this Q & A is available

**Executive Function**

[**Seth Perler,**](http://sethperler.com/)**M.Ed. –** About Seth: I teach outside-the-box, neurodiverse students how to navigate a baffling educational landscape so they can have a great future.

**ShineOn Educational Solutions, Boulder, CO**

[Executive Function & 2e Coach](http://sethperler.com/educational-coaching/), Education Coach

I specialize in [Executive Function (see article)](http://sethperler.com/executive-function-holy-grail/) & [2e (see article)](http://sethperler.com/child-2e-twice-exceptional-ultimate-guide/)

**Course:**[Help for struggling students](https://sethperler.com/ugyg/)

**My site:** [SethPerler.com homepage](http://sethperler.com/)

**Blog:** [my latest post](http://sethperler.com/blog/)

**Free:** [Student Success Toolkit](http://sethperler.com/)

**Subscribe:** [Updates & freebies here](http://sethperler.com/)

**Podcasts I was featured on:** [This Masterclass is popular](https://www.cultofpedagogy.com/underperforming-students/http:/www.tiltparenting.com/2018/02/20/episode-96-a-masterclass-in-executive-functioning-with-seth-perler-part-1-of-2/)

**Youtube:** [My channel](https://www.youtube.com/user/ShineOnEducation), subscribe for free

[Video: What is EF?](https://www.youtube.com/watch?v=Z6RMBGJiw94)

**Family Involvement**

<https://instrc.indiana.edu/family-involvement/accomodation.html> - Accommodations vs Modifications

<https://instrc.indiana.edu/family-involvement/collect-families.html> - Collected Resources for Families

<https://instrc.indiana.edu/family-involvement/success-video.html> - Transition Success Videos

<https://instrc.indiana.edu/family-involvement/whats-next.html> - What’s Next?

**Health Resources**

<https://www.pacer.org/transition/resource-library/publications/NPC-54.pdf> - Transition Healthcare Plan for Youth with Disabilities and Their Families. Checklist that parents and youth can complete together about basic health skills, self-advocacy, managing medical appointment, adult healthcare, independent living, and healthcare financing

<https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative> - American College of Physicians (ACP) Pediatric to Adult Care Transition Toolkits. Go to Access Specialty Tools and you will find toolkits for different subspecialities and diseases

<https://autisticadvocacy.org/wp-content/uploads/2014/07/ASAN-healthcare-toolkit-final.pdf> - Transition to Adulthood: A Healthcare Guide for Youth and Families. This guide helps young adults prepare to make healthcare related decisions

<https://instrc.indiana.edu/resource-collections/health.html> - Information about a variety of physical and mental health conditions that secondary teachers may see in their students with disabilities

**High Support Needs**

<https://instrc.indiana.edu/resource-collections/high-support-needs.html> - Resources and assessment ideas for students with high support needs

**National Technical Assistance Center on Transition (NTACT)** <https://transitionta.org/> - Search by topics, effective practices, and resources

**Nebraska Department of Education**

[www.education.ne.gov/sped](http://www.education.ne.gov/sped) - State of Nebraska Special Education website – The Transition tab is on the left side of page. You will then be taken to: <https://transition.ne.gov/>

Some of the information shared on this transition website:

-Resources (lots of them) = <https://transition.ne.gov/resources/transition-resources>

-Guide (resources, activities, and planning chart) = <https://transition.ne.gov/nebraska-transition-guides>

-Library (can borrow materials) = <https://transition.ne.gov/transition-library>

-Planning Guide (find activities and resources by grade level in the areas of job exploration, work-based learning, self-determination training, workplace readiness training, and counseling for transition and post-secondary programs) = <https://transition.ne.gov/transition-planning-guide>

<https://www.education.ne.gov/sped/technical-assistance/> = You will find documents such as:

“Transition Planning Guidance Document August 2018”

“Prior Written Notice Guidance Document”

**Nebraska VR**

[www.vr.nebraska.gov](http://www.vr.nebraska.gov) – “Transition Services Planner – A Guide for Students and Their Families”

**Person Centered Planning**

<https://www.pacer.org/transition/learning-center/independent-community-living/person-centered.asp> - Steps to doing Person Centered Planning and additional resources

<https://instrc.indiana.edu/training/cadre-cbi-2019/personcenteredplantemplate.pdf> - Sample template that a student can use

**Power Points**

<https://instrc.indiana.edu/HTML5Trainings/TeamingforTransition/finalteamingpart35.html>

<https://instrc.indiana.edu/HTML5Trainings/TeachingforTransition/finalpart23.html>

<https://instrc.indiana.edu/HTML5Trainings/TalkingAboutTransition/Part13.html>

<https://www.youtube.com/watch?reload=9&v=Xk_VHGI3pdc>

**Self Determination**

<https://instrc.indiana.edu/resource-collections/self-resources.html> - Students who have demonstrated self-determination skills and abilities in high school often have more successful transition experiences—in employment, independent living, and/or post-secondary education

<https://www.imdetermined.org/> - Lots of different information, tools, and support for students to build self-determination skills

<https://www.pacer.org/transition/learning-center/independent-community-living/self-determination.asp> - Information and resources

**Spanish Resources**

<https://instrc.indiana.edu/resource-collections/resources-in-spanish.html> - Resources shared here include Spanish-language documents and materials

<https://www.iidc.indiana.edu/doc/resources/is-college-for-you.pdf> - Center on Community Living and Careers Indiana Institute on Disability and Community - Indiana University, Bloomington, IN - “Is College for You? Setting Goals and Taking Action” *;*[*Es la universidad para ti?*](https://www.iidc.indiana.edu/doc/resources/es-la-universidad-para-ti-2017final.pdf)*, the Spanish translation.*

**Summary of Performance**

<https://docs.google.com/document/d/1eqpW_aOQzgl1iy4R957WpPGPyn7oWpbBDaxZc7syFXQ/edit> - Transition Portfolio Guidance – Should the school and family determine that development of a portfolio is the best way to collect information throughout the student’s school career- University of Indiana

**Training and Materials**

<https://instrc.indiana.edu/training/archived-training/index.html> - Indiana past training modules, webinars, presentations

**Transition Tools**

<https://www.pacer.org/parent/php/PHP-c107.pdf> - PACER - Ten Tips That May Help Your Child’s Transition to Adulthood

<https://www.pacer.org/transition/resource-library/publications/NPC-7.pdf> - PACER - Transition - Charting a Course for the Future

<https://www.ctdinstitute.org/library/2014-10-20/family-information-guide-assistive-technology-and-transition-planning> - Family Information Guide to Assistive Technology and Transition Planning

<https://www.vermontfamilynetwork.org/what-we-do/family-support/transition-to-adulthood-toolkit/> - Transition Toolkit for Youth with Disabilities

<https://www.heath.gwu.edu/sites/g/files/zaxdzs2346/f/downloads/Toolkit%202014.pdf> – Toolkit on post-secondary options for students with disabilities from The George Washington University HEATH Resource Center. 192 pages

<https://instrc.indiana.edu/> - Center on Community Living and Careers Indiana Institute on Disability and Community - Indiana University, Bloomington, IN. Excellent website that covers much of transition information

Some of the information shared on this transition site:

-Tuesday Transition Tips (Sign up to get these) = <https://instrc.indiana.edu/transition-resources/tuesday-tips.html>

-Transition Assessment Matrix = <https://instrc.indiana.edu/transition-resources/transition-matrix.html>

-Resources = <https://instrc.indiana.edu/transition-resources/index.html> - Will find documents, trainings, videos, and websites

-Writing Quality Transition Plans in the IEP = <https://instrc.indiana.edu/resource-collections/writing-ieps.html> - There are IEP examples, tutorials, and other resources to help you write quality IEPs

-Transition IEP examples = <https://instrc.indiana.edu/resource-collections/sample-ieps.html> - Information shows how to structure a transition IEP for a variety of different students – JUST EXAMPLES

**U.S. Department of Education, Office of Special Education and Rehabilitative Services**

<https://www2.ed.gov/about/offices/list/osers/transition/products/postsecondary-transition-guide-may-2017.pdf> - “A Transition Guide:To Post-Secondary Education and Employment for Student and Youth with Disabilities”